



LiveHealth Online

See a doctor 24/7 in minutes

When you need to see a doctor, use LiveHealth Online to have a video visit with a board-certified doctor, 24/7 on your smartphone, tablet or computer with a webcam. It's easy to use and more convenient than a trip to urgent care.

Get started today

It's quick and easy to sign up. Just go to livehealthonline.com or download the free mobile app at Google Play™ or the App StoreSM.

Sign up for free and get:

- Immediate, 24/7 access to doctors.
- Prescriptions sent to the pharmacy of your choice, if needed.¹
- Medical care for common health conditions like the flu, a cold, sinus infection, pink eye and more!

Doctors using LiveHealth Online typically charge \$49 or less per visit, depending on your health plan.



LiveHealth
ONLINE

An Anthem Company

LiveHealth Online Psychology

Now you can see a therapist or psychologist from home, usually in four days or less²

If you're feeling stressed, worried or having a tough time, you can talk to a licensed psychologist or therapist using LiveHealth Online Psychology.

Make your first appointment — when it's easy for you

- Use our free app or go to livehealthonline.com and log in. Select **LiveHealth Online Psychology** and choose a therapist.
- Or, call **1-844-784-8409** from 7 a.m. to 11 p.m.

Depending on your coverage, the cost of an online therapy visit may be similar to what you would pay for an office visit, considering benefits, copay or coinsurance.

You must be at least 18 years old to see a therapist online.

1 Prescription availability is defined by physician judgment and state regulations. LiveHealth Online is available in most states and is expected to grow more in the near future. Please visit the map at livehealthonline.com for more details.

2 Appointments subject to availability of a therapist. Psychologists or therapists using LiveHealth Online cannot prescribe medications.

Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 1-800-784-2433 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

LiveHealth Online is the trade name of Health Management Corporation, a separate company, providing telehealth services on behalf of Empire BlueCross BlueShield.

Services provided by Empire HealthChoice HMO, Inc. and/or Empire HealthChoice Assurance, Inc., licensees of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans.

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